

WORK EXPERIENCE

DCS - Anaesthetist / ICU Specialist, BELAF

Damage Control Surgery

06/10/2020 – 05/10/2021

Maradi, Niger

- Damage Control Surgery, utilized in trauma and emergency surgery settings, for severely injured patients in critical condition, aiming to promptly manage life-threatening injuries.
- Anaesthesia Administration
- Patient Airway Management
- Sedation and Pain Management
- Hemodynamic Support
- Critical Care Procedures: Performing various procedures within the ICU such as central line placements, arterial catheterization, chest tube insertions
- Critical Situation Decision Making
- Postoperative Care
- Collaborative Care, working together with a multidisciplinary team of healthcare professionals to provide comprehensive care tailored to the patient's needs

Flight Medic, AMET

16/02/2020 – 5/10/2020

Niamey, Niger

- Delivering advanced medical care to patients requiring urgent medical evacuation from inaccessible locations, using helicopters and fixed wing aircrafts
- Patient Assessment and Treatment
- Patient Stabilization and Monitoring
- Airway Management
- Trauma Care

DCS - Anaesthetist / ICU Specialist

Damage Control Surgery

04/04/2019- 07/01/2020

Mogadishu, Somalia

- Damage Control Surgery, utilized in trauma and emergency surgery settings, for severely injured patients in critical condition, aiming to promptly manage life-threatening injuries
- Anaesthesia Administration
- Patient Airway Management
- Sedation and Pain Management
- Hemodynamic Support
- Critical Care Procedures: Performing various procedures within the ICU such as central line placements, arterial catheterization, chest tube insertions
- Critical Situation Decision Making
- Postoperative Care
- Collaborative Care, working together with a multidisciplinary team of healthcare professionals to provide comprehensive care tailored to the patient's needs

Anaesthetist / ICU Specialist

Pirogov University Hospital for Active Medical Treatment and Emergency Treatment the Country's largest hospital for adults and children

06/2018 – 03/2021

Sofia, Bulgaria

- Conducting various critical care and perioperative duties aimed at managing patients who are acutely ill or undergoing surgical procedures
- Major Trauma Management
- Anaesthesia Administration
- Airway Management
- Intraoperative Monitoring
- Pain Management ensuring adequate pain relief through various methods such as medications, nerve blocks or regional anaesthesia techniques
- Post-Anaesthesia Care
- Critical Care Management
- Emergency Response to medical emergencies within the hospital, including code blue situations or other critical incidents requiring immediate intervention

NES HEALTHCARE UK

Resident Medical Officer specializing in ICU surgery, ICU-RMO and Surgical RMO across multiple private hospitals in the UK

08/2016 – 08/2020

- Monitoring patients' vital signs and clinical status closely
- Administering medications and treatments as prescribed by the surgical team
- Collaborating with surgeons, anesthesiologists, and other healthcare professionals to develop and implement comprehensive treatment plans
- Responding to emergencies and providing immediate medical interventions as needed
- Communicating with patients and their families to provide updates on the patient's condition and address any concerns
- Documenting patient assessments, interventions and responses to treatment accurately and comprehensively
- Participating in multidisciplinary rounds to discuss patient care plans and progress
- Ensuring adherence to infection control protocols and safety measures within the ICU

WORK EXPERIENCE

Pediatric ICU – Anaesthesia Specialist

Pirogov University Hospital for Active Medical Treatment, Emergency Medicine and Trauma Center, the Country's largest hospital for adults and children

06/2016 – 07/2016

Sofia, Bulgaria

- Anaesthesia Management: administering anaesthesia to pediatric patients undergoing procedures in the ICU, such as intubation, central line placement, or surgical interventions
- Pain Management: assess and manage pain in pediatric patients, ensuring adequate pain relief through various methods such as medications or regional anaesthesia techniques
- Sedation Management: overseeing sedation protocols for pediatric patients who require mechanical ventilation or other invasive procedures, ensuring appropriate levels of sedation to maintain comfort and safety
- Monitoring vital signs and patient responses during procedures and while under anaesthesia to promptly address any complications or changes in condition
- Critical Care Support: providing critical care support during emergencies or unstable situations in the ICU, such as managing airway emergencies or stabilizing hemodynamic status

Specialist Registrar Anaesthetics / ICU

Military Medical Academy

01/2012 - 12/2016

Sofia, Bulgaria

- Anaesthesia Administration
- Preoperative Assessment
- Intraoperative Care
- Postoperative Care
- Critical Care Support

Anaesthetist / ICU Specialist

Acibadem City Clinic Tokuda Hospital

01/2017-12/2017

Sofia, Bulgaria

- Conducting various critical care and perioperative duties aimed at managing patients who are acutely ill or undergoing surgical procedures
- Anesthesia Administration
- Airway Management
- Intraoperative Monitoring
- Pain Management
- Post-Anesthesia Care
- Critical Care Management
- Emergency Response to medical emergencies within the hospital, including code blue situations or other critical incidents requiring immediate intervention

Resident Medical Officer

RMO International Healthcare LLP, a leading supplier of RMO's across UK adhering to International Standards.

05/2015 – 04/2017

UK

- Providing day and overnight cover at hospitals in the Consultants absence
- General Ward duties such as blood taking, cannulation, pharmacy procedures
- Patient Care
- Emergency Response
- Admissions and Discharges

Assistant General Practitioner

Dr. Marussia Stefanova, General Practitioner Private Practice

10/2012 - 11/2014

Sofia, Bulgaria

- Regular Examination of adults, newborns and infants ensuring delivery of quality patient care
- Administering Vaccines
- Drawing Blood
- Dispensing Prescriptions
- Assisting with examinations, including preparing equipment necessary for the practice, providing the necessary assistant to the patient

Medical Coordinator

Zdrave Health Insurance Company

02/0920/09 – 19/01/2012

Sofia, Bulgaria

- Receive claims submissions from patients
- Review claims ensuring that all required information included, meets the criteria for processing according to the insurance company's policies and procedures
- Verify insurance Coverage
- Ensure Compliance

Volunteer Physician, Department of Anaesthesiology and Intensive Care

Alexandrovska University Hospital

01/07/2010 – 15/08/2010

Sofia, Bulgaria

- Patient Care
- Assessment and Monitoring
- Anaesthesia Administration
- Emergency Response

Paramedic in various military hospitals across Greece

Military Service in the Greek Army

01/03/2005 – 31/10/2005

- Four (4) years of experience in an ICU environment
- Providing Emergency Medical Care
- Conducting Medical Assessment
- Administering first aid
- Transporting patients
- Providing Medical Support
- Maintaining medical equipment
- Equipment Sterilization

MEDICAL ACHIEVEMENTS & CONTRIBUTIONS

- Participated in six medical evacuations since 2012, conducted under the supervision of Colonel Professor Dr. Nikolay Mladenov MD, PhD., utilizing three different types of helicopters:
 - Augusta A109 K2, Mil-8
 - Boeing CH47 Chinook
 - The C-27J Spartan, military transport aircraft.
- Assisted Professor Dr. Nikolay Mladenov MD, PhD in 22 implantable venous access system placements for chemotherapy, including procedures involving pediatric patients.
- Participated in 7 liver transplant procedures, gaining experience in 5 of these cases post-operatively in the intensive care unit (ICU) following their admission from the operating theaters, during residency at the Military Medical Academy.

European Network of Collaborating Hospitals

Cyprus

Opalia Clinic | AKESO Fertility Center | St. Peter and Paul's Private Hospital Athena Polyclinic |
Agios Panteleimon Orthopedic & Traumatology Surgery Clinic | Imperial Clinic | Limassol Clinic | ScalaMed Medical Center
Koursaros Clinic | Zoodochou Pigis Polyclinic | Embryon Fertility Center | Aimis Clinic Mediterranean Hospital

Bulgaria

Pirogov University Hospital | Military Medical Academy | Acibadem City Clinic Tokuda Hospital

UK

BMI Sarum Road Hospital | BMI Sandringham Hospital | The Circle, Bath | BMI Werndale Hospital | BMI The Park Hospital

EDUCATION

Medical University of Sofia

2012-2018

Sofia, Bulgaria

- Medical Degree of Specialty and Specialization in Anaesthesiology and Intensive Care

The degree includes the specialization in pain management, encompassing the administration of various pain-relief techniques such as nerve blocks, epidurals, and other pharmacological interventions to address acute and chronic pain conditions.




CERTIFICATIONS

- Advances Cardiovascular Life Support (ACLS)
- Advanced Life Support (ALS)
- European Paediatric Advanced Life Support (EPALS)
- Prehospital Advanced Trauma Life Support (PHATLS)

ACTIVE MEMBERSHIPS

- Cyprus Medical Association
- Bulgarian Medical Association
- European Society of Anaesthesiology and Intensive Care
- Bulgarian Society of Anaesthesiologists
- European Resuscitation Council
- General Medical Council – UK

LANGUAGES

 Greek (*native*)  Bulgarian (*fluent*)  English (*fluent*)